PUSH-UPS FOR A PURPOSE:
Can We Raise $1,000 in Just 30 Minutes?

in collaboration with

JASON CHEE & **UNSTOPPABLE FITNESS** UF — UNLEARN YOUR LIMITS

📅 **22 FEBRUARY (SAT)**

🕐 **4.00 - 4.30 PM**

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2 - 3 ROUNDS OF THE PUSH-UP CHALLENGE

Time limit of 1 minute per round!

MAXIMUM PUSH-UP CHALLENGE

Compete in a 4 vs. 4 challenge!

DONATION PLEDGE FOR PARTICIPANTS

The losing team will have to pledge a donation!

PRIZES

ONE MONTH FREE MEMBERSHIP

UNSTOPPABLE FITNESS UF — UNLEARN YOUR LIMITS

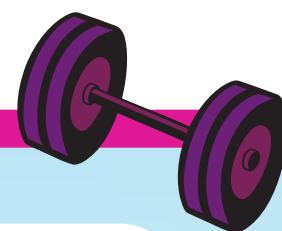*Terms and conditions apply

CARRY HOPE

Organised by
RARE DISORDERS SOCIETY SINGAPORE

THINK YOU CAN OUT-PUSH OUR GYM BROS FOR A CAUSE?

Gather your family, friends or colleagues and take on the challenge!

The team with the lowest push-up count will have to pledge a donation to support Rare Disorders Society Singapore (RDSS) – because every rep counts for a good cause.

Fret not, every push-up counts and no effort goes unrewarded! All participants will receive a sweet treat from RDSS and Unstoppable Fitness as a token of appreciation.

Are you up for the challenge? Join us and flex for a cause!

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